

# **Questions and Answers**

**by Ivan W. Stein**

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# Introduction

This document contains a list of questions that Ivan Stein has received through his various websites, social networks and client conversations between 2011 and 2013. The answers to these questions have been saved to separate Microsoft Word documents for access and retrieval.

Besides his websites, social networks and blogs, this list provides an idea of the content that has been written on the specific topics of spirituality and community. The intent is to use the corresponding answers as possible [material for a Book](#) and/or for [posting to Blogs and Social Networks](#) to support and promote [Ivan's Body of Work](#).

# Contact Information

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# Author Biography



**Ivan "Evon" Stein** is a successful entrepreneur, writer, and speaker whose motivations have evolved through the fields of science and business to those of personal transformation and global sustainability. Recognized as a self-starter and natural leader, Ivan started his first business at the age of eighteen with his career encompassing direct management roles in twelve start-up companies.

In addition to his entrepreneurial endeavors and creativity in business, Ivan is a prolific writer, lecturer, and motivator in the areas of self-empowerment, personal transformation, global awareness, and sustainability. His devotion to helping others is evident through his [various organizations, websites, books, DVD's and videos, "Realms of Reality" radio show](#), spiritual workshops entitled ["A Path To Self-Realization"](#), and [other documentary and media endeavors](#) (see Ivan's [Body of Work](#)). Ivan is also founder of several organizations that focus on raising global awareness and is responsible for writing hundreds of pages of content for his websites and book projects.

Ivan started on the road to responsibility while growing up on a dairy farm in central Wisconsin. The duties of life on the farm instilled character traits that have helped Ivan deal with and overcome challenges throughout his entire life. Besides developing solid work ethics and a glimpse of what it means to harmonize with nature, Ivan gained an understanding of agriculture, animal husbandry and food production. Life in the small town rural environment also instilled a sense of cooperation and community which has served Ivan throughout his business and personal life.

Ivan achieved a Bachelor of Science degree in Electrical Engineering and Computer Science from the University of Connecticut in 1984. His 25 years in the field of technology includes designing integrated circuits for aerospace, cutting edge electronic devices; industrial automation, and computer consulting. Ivan is known as an innovator and inventor with patents in the field of electronics and pre-natal education devices. Besides a long and successful career in business, Ivan has built two homes and has owned and managed commercial real estate.

In the early 90's, Ivan began a journey on the road to spiritual discovery and shortly thereafter, he quit his job and started meditating for up to 10 hours a day. Over the next few years, Ivan's spiritual practices transformed his perspectives of life, the nature of reality and his purpose which became the motivation and inspiration of his future endeavors. Just as he was considering a move to Tibet to live in a Buddhist Monastery, he was shown, through meditation that his path was to return and remain in society. He soon found that people were interested in his message and sought him out as a spiritual mentor, adviser, and teacher. His dedication to service-to-others launched him into a variety of new projects that focus on developing tools that elevate global awareness.

Between 2007 and 2008, Ivan liquidated his real estate holdings and business interests in order to devote his full attention to his interests in the fields of personal growth, sustainability, community and global transformation. Since 2008, Ivan has aligned himself with these interest as founder of [Foundation For Sustainable Living](#), [Alkaline For Optimal Health](#), [Project TriStar](#), [Timeline To The Future](#), [TriStar Media Group](#), [Realms of Reality Radio](#), and a [Sustainable Reality TV Show](#); organizations created to help humanity transition through these times of conscious, physical, and material transformation (see [Ivan's Projects](#)).

## **Spiritual Q & A:**

**(A selection of these will be included in Ivan's first Spiritual Q&A Book)**

- Are emotions parts of the conscious self or the physical self?
- Are there any techniques that I can use for interpreting dreams?
- Are you ever labeled a fool or lose friends because of your beliefs?
- As a young person, how can I deal with my thoughts and research about the future?
- Can Control Dramas in Competition be used for a positive outcome?
- Can seeking spiritual knowledge ever become an attachment or codependency?
- Can someone gain wisdom simply by reading book or listening to a teacher?
- Can we measure all things within the context of waves?
- Can you advise whether I should leave my monastery for another path?
- Can you explain conscious co-creation?
- Can you suggest some tips for advancing my meditations?
- Could it eventually become challenging to find a partner who resonates at a similar level?
- Do feelings of pain, anger and frustration have a purpose?
- Do the elite work for humanity or against humanity?
- Do you really believe that everything in life is determined by our choice?
- Do you think aliens will be arriving soon?
- Do you think heaven and hell exist?
- Do you think it is appropriate to attend or give a lecture at a Masonic lodge?
- Do you think lying is permissible in certain situations?
- Do you think our conscious abilities can alter destiny?
- Do you think our physical body ages due to a gradual energy drain?
- Do you think people are locked into the system because they don't take time to research?
- Does the speculation of coming changes distract people from living in the moment?
- Does being truthful and expressing yourself create an opportunity to be controlled or judged?
- Does it help to explain my actions in the process of breaking control dramas?
- How can I balance my conscious decision making with the risks involved?
- What steps can you suggest to Manifesting a More Harmonic Relationship?
- How are chakras affected by fear?
- How best to deal with the suffering of others?

How can a young spiritual person accept and coexist in this physical world of duality?  
How can anyone determine what is truth from all the overwhelming amount of information?  
How can I align more closely to the divine source of energy?  
How can I change my responses from fear based to love based?  
How can I deal with the Illusion of Duality?  
How can I express myself with intent to break control dramas?  
How can I find inner peace with turbulent relationships all around me?  
How can I give balanced support to those who are extremely needy?  
How can I help people that do not believe or want to listen?  
How can I learn to trust now that I can see through others deceptions?  
How can I move forward in greater trust and with less resistance?  
How can I prepare physically and spiritually for the coming shift?  
How can I rely on the higher source when my energy is depleted by dramas?  
How can someone apply the paradox between free will and destiny?  
How can someone be held responsible for anyone persons manifestations?  
How can someone discern another person's authenticity?  
How can someone resolve control dramas and hostility with their children?  
How can there be so many different predictions on the same period in history?  
How can we distinguish between cellular memory and soul memory?  
How can we forget the pain caused by past relationships and events?  
How can we release attachment to money and material possession?  
How can you recognize if a child is indigo?  
How did you harmonize your spiritual self with the physical realities?  
How do desires and goal setting affect what we experience and manifest?  
How do I deal with the pain from my inability to help others?  
How do I demanifest the matrix and re-empower myself?  
How do I determine what lessons an experience is providing?  
How do I face the truth?  
How do I heal to eliminate negative recurring dreams?  
How do I learn from my specific experience?  
How do I resolve my trust issues with who to believe?  
How do I stop my reliance on using the interrogator control drama?

How do language barriers affect the love between two people?

How does lying, cheating or stealing affect our growth?

How do spiritual beliefs determine if a community will be harmonic?

How do we archive this knowledge of historic patterns for future generations?

How do we block something if we anticipate it?

How do we help those who don't want to listen?

How do we learn to give without needing or expecting in return?

How do you deal with people who never acknowledge support or respect others?

How to deal with someone who questions you and assumes you will do what they want?

How do you deal with someone with extreme OCD?

How do you deal with the skeptics that actually put together a rational argument?

How do you define Conscious Community?

How do you express a truth to a parent without making them feel bad?

How do you know or find out what your life purpose is supposed to be?

How do you know which path to take?

How do you sort through the information super highway to find truth?

How does consciousness differ between natural elements, animals and humans?

How does God's Will fit into all of this?

How does medical dependency relate to spiritual growth?

How does one learn to ignore or transcend the darkness?

How does releasing fears result in releasing attachments?

How does the matrix of society provide opportunities for personal growth?

How does the stellated octahedron and sacred geometry apply to human beings?

How important is meditation in a daily routine?

How is artistic creativity expressed on the path of releasing material attachment?

How is sacred geometry important to our understanding of life?

How much can or do we change an experience through observation?

How to deal with family and friends during my spiritual journey?

How to deal with the challenge of manifesting a relationship on the spiritual path?

How to determine if I am avoiding or breaking a control drama?

How were you shown your current path and life purpose?

How would you describe a soul mate or twin flame relationship?



Why do so many spiritual people also seem to live in fear?  
I think I see my fears, now what do I do about them?  
I think that it will all have to hit the fan before anyone believes as I do?  
I'm having problems with the right side of my body, what can I do to balance it?  
How do I learn to interpret and understand my dreams?  
Is it enough to say no to someone who does not want to accept your responses?  
Is it ok to remove myself from a control drama when I'm not involved in the conversation?  
Is it respectful to listen with understanding and not respond or feed someone's issue?  
Is our world best described as an illusion or virtual experience?  
Can sexuality become a control drama?  
Is there any way out of the traps that I have created for myself?  
Is there such a thing as being too emotional?  
Is this possible to remain out of someone control drama even when you live with them? Can you help me understand physical attachment and sexual desires?  
Can you help me understand conscious evolution?  
What am I doing to be judged by others?  
What are people learning on the negative path?  
What are some lessons that can be learned by applying trust and allowance?  
What are the consequences of being disrespectful or avoiding challenges?  
What are your beliefs in God, universe or divinity?  
What are your experiences with astral communication!?  
What can be done to break a compulsive interrogator control drama?  
What can I do if I am in a relationship and my partner is not supportive of my beliefs?  
What can I do to break control dramas of being bombarded with unconscious comments?  
What can I do to help friends and family grow spiritually?  
What can I do to overcome my feelings of fear and isolation in these times?  
What can I do to overcome the depression from poor choices?  
What can you experience by helping others and living in allowance?  
What determines the outcome when two people are competing for the same resource?  
What do you think about the increase in economic hardship and global unrest?  
What do you think is going to happen at the end of the conscious shift calendar?  
What do you think is the probability of creating real change in our world?

What do you think of the movie called Visions?

What do you think of the web bot project as it relates to global consciousness?

What does it mean if someone avoids issues rather than dealing with them?

What does it mean that inanimate objects have consciousness?

What does it mean to have a dream of being trapped inside and unable to get out?

What does it mean when we express ourselves and the other person does not respond?

What does it take to manifest what we desire in life?

What happens when two people in relation stop communicating?

What is consciousness?

What is Spiritual DNA?

What is the best method for practicing forgiveness and release?

What is the consequence for saving another from their challenge?

What is the purpose for humans to live as communal beings?

What is the relationship between control dramas, the divine source and helping others?

What is the relationship between love and hate?

What is the significance of using physical objects to enhance our spiritual gifts?

What is your advice on sorting through all the conflicting information about the future?

What is your experience with meditation?

What is your impression of the Thrive Video and Movement?

What should I do for the next step in my spiritual journey?

What significance do pets and marriage have in a conscious community?

What stops history from repeating itself with the same paradigm?

What suggestions might you have to become more enlightened?

What techniques can help someone to develop their understanding?

What things can I say to break control dramas that I see coming?

What to do when I astral travel?

What videos books or techniques do you suggest to enhance my meditations?

What would you recommend to grow more spiritual?

What's the point of staying in physical form through the coming challenges?

When do life experiences start to become easier?

When is a good time to express yourself?

Why all the conscious and physical preparation, why not just leave?

Why are acts of love and selflessness often unrequited?  
Why are my life challenges whipping up a storm that doesn't seem to be calming?  
Why are people saying all the events will happen in 2012?  
Why are some people so angry with the material world?  
Why are there so many people who are acting hostile or erratic?  
Why do challenges sometime become more difficult for those who are awakened?  
Why do I feel so alone sometimes on my spiritual journey?  
Why do I sometimes experience fear of a negative presence?  
Why do I sometimes have sensual dreams with my spiritual students or teachers?  
Why do my challenges seem to get more difficult as I continue evolving?  
Why do people hold grudges against others and especially with family?  
Why do people judge others?  
Why do people judge you when you break a control drama by not responding?  
Why do people label me as a Know It All when I describe my truth?  
Why do people often need leaders?  
Why do people refer to different levels of spiritual growth?  
Why do so many relationships seem to be struggling and failing in these times?  
Why do some feel lost and alone on this road to self-realization?  
Why do some people claim that our world is only virtual reality?  
Why do we attract repetitive experiences that we do not like?  
Why do we have expectation?  
Why do we have superstition about some things?  
Why do you choose to take action and help others take action?  
Why do you feel conspiracy theories are unimportant and what will it take to wake people up?  
Why does illness or a healing crisis sometimes accompany a shift in consciousness?  
Why does the spiritual path sometimes appear cold?  
Why does there appear to be so little change when so many people are seeking it?  
Why is god doing this to us?  
Why is there a division between those preparing physically and those prepare spiritually?  
Why won't everyone evolve equally during this conscious shift?  
Why would someone choose to be left behind instead of being transformed to a higher realm?

## Community Q & A:

Are governments really as bad as people say they are?

Are there any locations in the US that you consider viable for community?

Are there any sustainable communities similar to Project TriStar that you can recommend?

Are there really communities which live in harmony and grow what they eat?

Are you preparing for the coming social, economic and global changes?

Based on our combined wealth, how many people should we shelter?

Can you advise if our choice of community location is good or not?

Can you provide advice on how to create a local community?

Can you suggest any safe locations in the US?

Could you give us guidance on choosing a location for our community?

How can anyone create such a massive community undertaking?

How can I choose a location based on my geographical preferences?

How can I create a community like Project TriStar?

How can I get foreign citizenship to join a community?

How can I get involved personally in Project TriStar?

How can I help Project TriStar become more international?

How can I join a community with no money?

How can I receive detailed information about your community?

How can people live in harmony without leadership?

How can people who are older and on limited budgets get involved in community?

How can someone of fewer finances get involved in community?

How do I choose a location that is safe from tsunamis?

How do I find a community for myself and my family?

How do I get more information about the Project TriStar Community?

How do some of these communities expect to make it through the coming changes?

How is your community being financed?

How many people do you feel will be able to afford moving into community?

How much money is required to create a shelter?

How to sustain in the heat for a community in Australia?

How would I be allowed into a foreign country to join a community?  
I have a concern about community membership application questions?  
I love my dog and can not leave him?  
If you were us would you sell your properties here?  
Is it safer for me to register on websites under a pseudonym?  
Is there a global directory for Sustainable Communities?  
Is there an option to home school my children in your community?  
Is there room in your community for someone with my skills?  
My offer to support Project TriStar is sincere?  
What about Canada for a sustainable community?  
What about the risks of drought and fire for a sustainable community?  
What advice can you give me about moving to a location in BC?  
What approach would be best for acquiring foreign visa and immigration?  
What are the reasons for choosing a meatless diet in a community?  
What can we do with only a little money and a mortgage?  
What can you suggest in respect to the risk of martial law breaking up a community?  
What changes can I make to move away from medications?  
What do you think about an underground location in the mountains of Australia?  
What is the process to complete my Project TriStar membership application?  
What skills should I learn to be most valuable to a community?  
What spiritual concepts form the basis of the Project TriStar community?  
What's your response to those who might say you want to be the community leader?  
Where are the safest places for community?  
Where will your community be located and how can I join?  
Where would you advise are the best locations for community?  
Why are computers and electronics not allowed in the community?  
Why are there no personal pets in the community?